








CARE for OTHERS

Color the heart in the box after you complete an act of kindness.

Sort toys you don't play with and donate. 	Wave hello to everyone you meet. 	Send a drawing or letter to a grandparent. 	Leave a happy chalk message on the sidewalk. 	Bake cookies for a neighbor or friend. 
Invite a new friend for a playdate. 	Call someone who might be lonely and talk on the phone. 	Paint rocks and leave them around town. 	Set the table for dinner. 	Tell someone why they are special to you. 
Bring flowers or an apple to your teacher. 	Read a book to someone. 	Tell some jokes to make someone smile. 	Make someone else's bed. 	Make a get well card for someone. 
Play a game with your family. 	Write a poem for a friend. 	Make a homemade gift for someone. 	Give a compliment. 	Write a letter to your parents telling them why you love them. 
Write down three things you are grateful for. 	Leave a secret note under your brother or sister's pillow. 	Help with a chore without being asked. 	Surprise your parents and clean your room. 	Create your own act of kindness. 